

Training sessions with SYA

Interested in increasing your knowledge on...

Healthy lifestyles

Gangs and knife crime

LGBT issues



Social action

Activity ideas

Relationships

... and other topics? Sign up to our training sessions today!

To sign up to any of our courses or for more information, contact Kerry Williams:

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The New Lodge, Upton Lane, Shrewsbury, SY2 5RR

DATE	TIME	TRAINING SESSION
Thursday 4th March	7 pm - 8 pm	Relationships; Isolation; Dealing with worry; Positivity and feeling good
Tuesday 30th March	7 pm - 8 pm	Fit and Fun
Wednesday 31st March	7 pm - 8 pm	Healthy eating; Exercise; Sugar Rush
Thursday 15th April	7 pm - 8 pm	Transitions; Cyber bullying; Bullying
Wednesday 21st April	7 pm - 8 pm	Gangs; Knife crime; Cyber bullying
Saturday 24th April	2 pm - 3 pm	LGBT; Homophobia; Identity
Tuesday 27th April	7 pm - 8 pm	Fit and Fun
Wednesday 5th May	7 pm - 8 pm	Volunteering; Social action; Public speaking
Tuesday 11th May	7 pm - 8 pm	Fit and Fun
Saturday 15th May	10 am - 1 pm	Market Place: Arts and Crafts
Saturday 15th May	2 pm - 3:30 pm	30 Icebreakers for young clubs
Tuesday 18th May	7 pm - 8 pm	Smoking; Drugs; Alcohol
Saturday 22nd May	10 am - 12 pm	In Someone Else's Shoes: an insight into young people's differences and experiences